

Scottish Mountain Bike Trails: Fife

PITMEDDEN FOREST: ROUTE NO.7

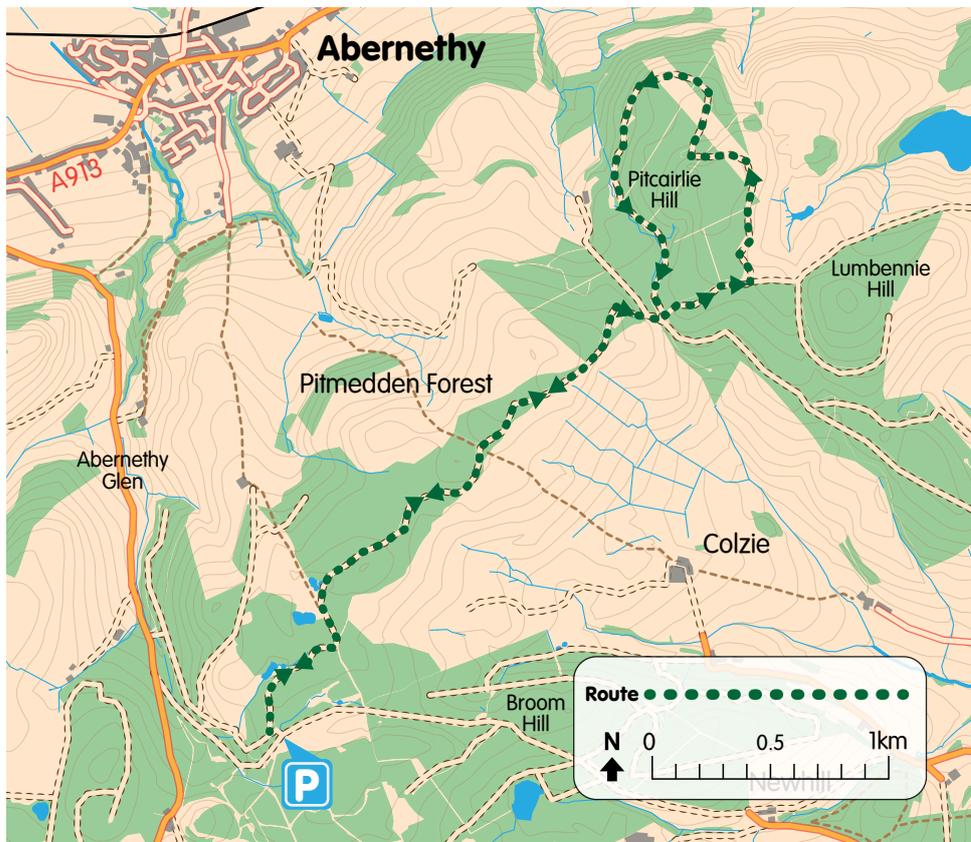
PITCAIRLIE HILL

Route Grading:



Easy (Green): Suitable for all types of Mountain Bike and most riders.

ROUTE No **07**



STARTING POINT(S)

Pitmedden Forest Track between Auchtermuchty and Glenfoot. OS Map Ref. NO 193 137

SUMMARY

An undulating route on forest tracks with spectacular views across Fife, the River Tay, Perthshire and Tayside. A great choice on a clear day with plenty of other informal routes to explore within a popular forest for mountain bikers.

MAX HEIGHT GAINED

65m

LENGTH

19km



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For more information on this route and Mountain Biking in Fife scan the QR code or visit:

www.outdoorfife.com
www.DMBinS.com

ROUTE No **07**

ROUTE DESCRIPTION

The start point can be accessed from the North via Glenfoot, or the South via Auchtermuchty, parking is available in lay-bys at the side of the main forest track.

From start point head north through the gate on forest track, up a short hill and follow main track for 2.8 undulating kms. Spectacular views to the South and East over Fife and towards the North Sea along this stretch.

At a left corner heading downhill, go straight ahead through gate and immediately straight ahead at junction, up-hill. Take 1st junction left to start skirting Pitcairlie Hill, initially up-hill before a fun winding descent skirts the hill and brings you back to the junction. Take a moment to stop for a drink on the descent and admire the views over the Tay from the bench! Return through the gate and retrace your route to the start.



Pimmedden Forest track

DO THE RIDE THING

We love riding this route and to keep our good relationship with local landowners and other path users we ask you to follow the advice below:

- Let other path users know you are coming as early as possible.
- Please watch your speed, especially on blind corners and dips.
- Please take extra care near wildlife and leave the environment as you find it.
- Help land managers and others to work safely and effectively. See 'Route Specifics'.
- Check the weather forecast and ensure you have all the equipment you need for your route.
- If you are in any doubt please pop into one of our cycle centres for advice!
- The route description and quality of path may change over time so please remain flexible with your plans and be ready to use alternative routes. Correct at time of print Jan 2014.

ROUTE SPECIFICS

- This is a working forest.
- Please use 'check before you go' information on forest operations at www.forestry.gov.uk/scotland before riding route.

CYCLE FRIENDLY BUSINESSES NEAR THIS TRAIL

COLLECTIVE TRAINING

Guided Rides and Skills Coaching
Tel. **07823 338691**
www.collectivetraining.co.uk
www.facebook.com/CollectiveTraining

EAST PORT GARAGE

Garage & Cafe
Cupar Rd, Newburgh, KY14 6HA
Tel. **01337 840379**

JAMESFIELD FARMSHOP

Farmshop & Cafe Restaurant
Jamesfield Farm, Newburgh, KY14 6EW
Tel. **01738 850498**

LESLIE BIKE SHOP

Bike Sales, Clothes, Accessories & Repairs
Bankhead Industrial Estate, Glenrothes
Tel. **01592 770600**
www.lesliebikeshop.co.uk

